

TEACHER



While it can be hard to find time for yourself as a teacher, it is important to prioritise it. If you take the time to do something mindful and relaxing for yourself, you will feel better prepared for all that teaching throws at you.

Print our mindful colouring pages specially designed for teachers to make you laugh while calming the mind.

We recommend using brush pens you can blend for the most enjoyable experience.

Share your colouring with us on Instagram and TikTok.





















